



The New England Center
for Children®
Autism Education and Research

Lunch

January 2025.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Closed Happy Holiday!	Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Vegetable Tamale Pie, WG Breadstick, Corn, Spring Salad, Ranch Dressing, Fruit Cup
5	6	7	8	9	10	11
WG Turkey Burger, Corn, Roasted Sweet Potato, Spring Salad, Dressing, Fresh Fruit	Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	Chicken Stir-Fry Wrap WG Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Tater Tot Nachos, Beef & Bean Chili, Roasted Broccoli, Cornbread, WG Brown Rice, Spring Salad, Fruit Cup	Spicy Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
12	13	14	15	16	17	18
BBQ Turkey Roll-Ups, WG Breadstick, Green Beans, Cole Slaw, Dressing, Fruit Cup	Awesome Sloppy Joe, WG Roll, Potato Chips, Carrot Sticks, Tossed Salad, Dressing, Fresh Fruit	Chicken Soft Tacos, Lettuce & Tomato, Salsa, Refried Beans, WG Brown Rice, Spring Salad, Dressing, Fruit Cup	Vegetarian 5 Bean Chili with Cheese WG Tortilla Chips WG Brown Rice Corn Tossed Salad Dressing Watermelon	WG Chicken Parmesan Sandwich, WG Vegetable Pasta, French Fries, Tossed Salad, Dressing, Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken & Broccoli Ziti, Spring Salad Dressing WG Breadstick Grapes
19	20	21	22	23	24	25
Chicken and Black Bean Nachos, WG Spanish Brown Rice, Corn, Lettuce & Tomato Salsa Spring Salad Fruit Cup	Closed Happy Holiday!	Chicken Tenders WG Mac-N-Cheese Casserole Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Soft Turkey Taco WG Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	Fish Sandwich on WG Bun Lettuce, Vegetable Pasta Salad, Carrot Sticks, Salad, Dressing, Fresh Fruit	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Sub Roll Tossed Salad WG Veggie Pasta Carrot Sticks Spring Salad Fruit Cup
26	27	28	29	30	31	Feb. 1
Cheeseburger on WG Bun, Lettuce & Tomato, French Fries, Carrot Sticks, Spring Salad, Dressing, Fruit Cup	Turkey Frank on WG Bun, Baked Beans, Garden Salad, Orange Slices	General Tso's Chicken Fried Rice Steamed Broccoli Enriched Wrap Tossed Salad Dressing Pineapple	Baked Chicken Chimichanga, WG Spanish Brown Rice, Black Beans, Lettuce, Salsa, Spring Salad, Dressing, Fruit Cup	Beef & WG Macaroni Casserole Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap WG Brown Rice French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple