



The New England Center  
for Children®  
Autism Education and Research

# Lunch

## • December 2024 •



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
WG Turkey Burger, Corn, Roasted Sweet Potato, Spring Salad, Dressing, Fresh Fruit	WG Meatball Sub Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	Chicken Stir-Fry Wrap WG Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Tater Tot Nachos, Beef & Bean Chili, Roasted Broccoli, Cornbread, WG Brown Rice, Spring Salad, Fruit Cup	Spicy Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
8	9	10	11	12	13	14
BBQ Turkey Roll-Ups, WG Breadstick, Green Beans, Cole Slaw, Dressing, Fruit Cup	Awesome Sloppy Joe, WG Roll, Potato Chips, Carrot Sticks, Tossed Salad, Dressing, Fresh Fruit	Chicken Soft Tacos, Lettuce & Tomato, Salsa, Refried Beans, WG Brown Rice, Spring Salad, Dressing, Fruit Cup	Vegetarian 5 Bean Chili with Cheese WG Tortilla Chips WG Brown Rice Corn Tossed Salad Dressing Watermelon	WG Chicken Parmesan Sandwich, WG Vegetable Pasta, French Fries, Tossed Salad, Dressing, Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken & Broccoli Ziti, Spring Salad Dressing WG Breadstick Grapes
15	16	17	18	19	20	21
Chicken and Black Bean Nachos, WG Spanish Brown Rice, Corn, Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce & Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	Chicken Tenders WG Mac-N-Cheese Casserole Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Soft Turkey Taco WG Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	Fish Sandwich on WG Bun Lettuce, Vegetable Pasta Salad, Carrot Sticks, Salad, Dressing, Fresh Fruit	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Sub Roll Tossed Salad WG Veggie Pasta Carrot Sticks Spring Salad Fruit Cup
22	23	24	25	26	27	28
Cheeseburger on WG Bun, Lettuce & Tomato, French Fries, Carrot Sticks, Spring Salad, Dressing, Fruit Cup	Turkey Frank on WG Bun, Baked Beans, Garden Salad, Orange Slices	General Tso's Chicken Fried Rice Steamed Broccoli Enriched Wrap Tossed Salad Dressing Pineapple	Closed Happy Holiday!	Beef & WG Macaroni Casserole Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap WG Brown Rice French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
29	30	31				
Beef, Bean & Cheese Burrito WG Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	Open Face Turkey Sandwich(2 Slices) on WG Bread, Mashed Potato, Green Beans, Cinnamon Spiced Apples, Gravy				